



Reverse type 2 diabetes with Virta!

Virta is a medically supervised, research-backed treatment that reverses type 2 diabetes, meaning that patients can lower their blood sugar and A1c, all while reducing diabetes medications and losing weight.

90 Degree Benefits fully covers the cost of Virta, valued at over \$3,000, for all eligible members with type 2 diabetes.

How does Virta work?



Virta uses nutritional ketosis to naturally lower blood sugar and turn the body into a fat-burning machine. There is NO surgery, required exercise, or calorie counting on Virta.



With Virta's personalized treatment plan, each patient gets medical supervision from a physician-led care team, a one-on-one health coach, diabetes testing supplies, educational tools like videos and recipes, and a private online support community.



Virta provides around-the-clock monitoring and care—there are no waiting rooms and no lines. With an easy-to-use mobile and desktop app, Virta can be done from anywhere.

- ▶ Get started on a life free from diabetes: www.virtahealth.com/join/tshbp
- ▶ Questions? Email support@virtahealth.com

Additional Eligibility Information

Virta is available to TSHBP members between the ages of 18 and 79 who are enrolled in an eligible TSHBP health plan. This benefit is currently being offered to those with type 2 diabetes. There are some serious medical conditions that would exclude patients from the Virta treatment. Start the application process now to find out if you qualify.